

American Lithium appoints Dana Brock as Vice-President

VANCOUVER, May 5, 2016 - American Lithium Corp. ("American Lithium" or the "Company") (TSXV: LI) is pleased to announce the appointment of Dana Brock to the management team as Vice-President of Geosciences and Engineering.

Dana Brock is a field oriented Civil Engineer, Geologist and Engineering Geologist. For over 30 years, he has performed and directed investigations, designed facilities and supported construction and remediation. His experience spans a broad range of projects in the U.S. and ten other countries, including facilities development for geothermal well fields (Calpine, Unocal Geothermal, Kiewit, CalEnergy, Coso Operators); exploration, drilling and resource management for low temperature and mineralized waters (Sonoma Mission Inn, City of Calistoga and 29 Palms, Crystal Geyser and Mendocino Mineral Water); private and municipal water supply, distribution, impoundment and disposal (Cities of San Francisco, Santa Rosa, and Burlingame, Kendall-Jackson Wines and DeLoach Wines); basin management and due diligence and technical support for legal issues involving geothermal and oil well fields, mineral prospects and underground construction (Deutsche Bank, Florida Power and Light, Mission Energy, Gordon & Rees and Los Angeles Metropolitan Transportation Authority).

Michael Kobler, Chief Executive Officer of the Company, commented "Dana's experience with water resources, aquifer characterization and development are unmatched. Being both an Engineer and geologist makes him uniquely qualified to help manage the Company's ongoing projects, from initial characterization, permitting through development. Dana and I have worked together for over twenty years, he was instrumental in the startup of OSUM Oil Sands Corp, a successful junior oil sands startup. Dana has that get it done attitude and project knowhow that American Lithium needs going forward."

The Company also announces that it has completed the grant of 1,000,000 incentive stock options to certain directors, officers and consultants of the Company. The options vest immediately, and are exercisable at a price of \$1.13 per share for a period of five years.

On behalf of the Board,

American Lithium Corp.

Michael Kobler, Chief Executive Officer

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